Course **Start** (o/s 513297)

START at 7th kerb joint from northern end of lay-by south of 34th milestone on the B1383. Proceed north through Quendon, Newport, Littlebury, Great Chesterford, to Stump Cross roundabout (9.83m)(M). Turn left at 1st exit onto A1301 to cross straight over next two roundabouts, passing under A11 flyover, to Hinxton Hall roundabout (CARE) where straight on to the Sawston roundabout at the junction with the A505. TURN, 4th exit (M&C)(12.25m) to retrace to pass under the A11 to Stump cross roundabout. Turn right (M), 3rd exit, onto B1383 and retrace along course to **FINISH** at surface water gully at centre of green just north of “Chequers” PH. (o/s 512289)

In the interest of your own safety, YOU MUST wear a hard shell safety helmet that meets an internationally safety standard.

All Juniors under the age of 19 must wear a suitably approved helmet.

YOU MUST HAVE FUNCTIONING FRONT AND REAR LIGHTS

 NO HELMET…… NO LIGHTS……. NO RIDE

LOCAL REGULATIONS

4.8.2, No U Turns allowed within sight of start or finish. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by London East District

**RACE HQ, CM22 6JD, WILL BE OPEN FROM 7am. Hot Drinks from 7:30 Parking is limited to the roadside in the area of the M11 motorway bridge near Race HQ , or opposite the Huts in North Hall Road. Do not park at the Start area**

**Your Number and the Signing On/Off Sheets will be at RHQ. When returning your number YOU MUST SIGN OFF, or be declared as a DNF and potentially face further action by CTT**

 **SAFETY AND COVID PRECAUTIONS : If you feel unwell in ANY way, DO NOT ATTEND.**

 **No more than 5 to queue at the Start.**

**Do not leave feeding bottles at the Start. Do not discard gel wraps etc.**

**Do NOT approach the Timekeepers**

**There is no race support for riders. You must carry your own spares and pump. Carry a Mobile Phone, with my number in it. Marshals are NOT allowed to give riders a lift. *Phone a friend.***

**Do not ‘Draught’ or take pace, give room for the overtaking rider.**

**Regulation 4.8.4 Static trainers are not allowed at morning events.**

**No warming up on the course once the event has started.**



Lea Valley Cycling Club

102nd Anniversary of the

 COMET 25 **SCRATCH, TEAM AND HANDICAP RACE**

 Incorporating the Rosslyn Ladies’ Cup

 

 FOUNDED 1904

**Sunday 2nd October, 2022 , 8:30am**

 **COURSE E1/25b**

 **A SPOCO SE Group 2 event**

 Timekeepers Event Secretary **Michael Keen**

 **Miss Frida Wezel** 33,South Green.

 **Ian** **Taylor, Esq.** Mattishall

 Dereham NR20 3JY

**Michael’s Mobile:**  07498 297373

 **Event HQ:** Lea Valley CC Race HQ, North Hall Lane, Ugley,CM22 6JD

 **AWARDS**

**102nd ANNIVERSARY Special Award for Course Record £102**

 **OVERALL:**

**1st THE FULLER TROPHY to be held for one year + £50**

**2nd £ 40 3rd £30 4th  £ 15**

 **Fastest Team of Three:**

**THE AUBURN CUP to be held for one year + £ 15 each**

 **WOMEN:**

**1st The Rosslyn Ladies Cup to be held for one year + £50**

**2nd £ 40 3rd £ 20**

 **HANDICAP AWARDS:**

**1st £ 30 2nd £ 20**

Handicapped using the CTT / ECCA standardised system.

 **Course Warnings**

The course will be Marshalled at the main roundabouts, Stump X and Sawston (The Turn). Go straight over all other roundabouts

Take care through the villages, and at all roundabouts.

Especially **Hinxton RAB** just north of the A11 junction. Going out, the exit is sharp and has an adverse camber. At the RAB just north of Newport on your return **GIVE WAY** to traffic turning right on the RAB, to Saffron Walden.

**Beware delamination’s at Stump Cross and below**

**the M11/All flyover roundabouts**

**Thank you for entering the ‘COMET’**

**Enjoy your ride.**

 **M11 Roadworks:**

**Be aware of roadworks affecting Junction 8. They have caused long holdups on the interchange roundabouts, on both North and South bound sliproads. There are still works scheduled for this Sunday on South side of roundabout. Either come off at Stump Cross or Duxford,or, from London, take J8a. Keep left towards and past Long Term Parking, Straight On through small roundabouts, to turn Left over M11, to**

 **Stansted Mountfitchet and follow signs to B1351 Quendon.**

**HQ post code CM22 6JD**

 The Comet was founded in 1921

by Alf Auburn.

The first event was won by Freddie Dredge, Shaftesbury CC

The Comet finish in 1924.

There were 300 entries, of which 150 rode\*

**THANK YOU**

To all Timekeepers, Marshals and Stewards.

To Keith West, for his invaluable help with the computing.

 I wish all riders a safe ride and a good time.

Michael

\*Acknowledgements to Cycling and Fergus Muir, Tricycle Association.